

Divorce Detox Fact Sheet

Founded	Divorce Detox was founded in July 2009
Meet the Founders and The Experts	<p>Mrs. Pescosolido is a life coach and Dr. Brosh is a Clinical Psychologist. They are both dedicated to helping others transition through divorce in a way that is both effective and heart centered. Allison and Andra are Grief Recovery Specialists®, certified by The Grief Recovery Institute and national experts in grief recovery and serve as CNN's Grief Experts.</p> <p>Allison Pescosolido, M.A.</p> <ul style="list-style-type: none"> • Masters in Psychology, University of Santa Monica • B.A.s in Economic, Urban Studies & Public Policy from Boston University • Frequently cited by leading regional and national media for her expert coaching through Allium Coaching, www.alliumcoaching.com <p>Andra Brosh, Ph.D.</p> <ul style="list-style-type: none"> • Ph.D., Clinical Psychology, California Graduate Institute, Los Angeles • B.A. in Communications, Boston University • Member of American Psychological Association (APA), California Psychological Association (CPA), Postpartum Support International (PSI), The Marce Society, Global Association for Interpersonal Neurobiology Studies (GAINS), World Association of Infant Mental Health (WAIMH), Association for Prenatal and Perinatal Psychology and Health (APPPAH), and the Los Angeles County Psychological Association (LACPA).
Contact Information and Hours	<p>(310) 439-8964 movingon@divorcedetox.com / www.divorcedetox.com</p> <p>Monday through Friday 9:00 AM – 5:00 PM</p>
Divorce Therapy and Divorce Counseling Services Provided	<p>All groups, classes, and workshops are small, intimate, and confidential. Workshops designed exclusively for men and women also offered.</p> <ul style="list-style-type: none"> • Individual Psychotherapy and Coaching Support • Divorce Support Groups (4 levels of support and counseling) • Divorce Detox Individual Program • Women's Single Again • 1 or 2 Hour Workshops • Divorce Detox One Day Workshop Intensive
Techniques Used	Life Coaching, Psychotherapy, Individual Therapy
Fees	<p>Groups, workshops, and individual programs are confidential. Most services are covered partially or in full by insurance (PPO insurance accepted) making moving on from separation and divorce accessible.</p> <ul style="list-style-type: none"> • 6, 8, and 10-Week Support Groups \$85/session • 8 Week National Support Group \$199 Total • Individual Therapy \$150/session • Coaching Therapy \$300/session • Intensive Individual 10 week support \$10,000
Media Contacts	<p>Marcie Perez, (714) 955-1571, marcieperezpr@gmail.com Norma Villegas, (818) 723-6111, normavillegaspr@gmail.com</p>